

A Little Book of Possibilities

Ten small invitations to notice more.

Begin with a window

Look outside for a minute. Pick one thing you have never noticed before. A branch, a shadow, a person carrying flowers. Every story begins when someone pays attention.

Keep a curious notebook

Write down a question before you look for its answer. Leave room underneath it. Tomorrow, you may have a better question.

Take the longer walk

Choose a street you usually pass by. Notice the sounds changing between corners. A familiar place can become new without moving very far.

Make something small

Fold a sheet of paper. Sketch the cup on your table. Write four lines. A finished small thing can teach you more than an enormous idea left untouched.

Read it aloud

Find a paragraph you love and speak it slowly. Listen for the rhythm between the words. A page becomes a different place when it has a voice.

Leave a little space

An empty margin is an invitation. So is an afternoon without a plan. Give one unfinished thought enough room to surprise you.

Ask a better question

Instead of asking whether an idea is good, ask what would make it useful. Instead of asking whether you can, ask what the first step might be.

Share the first chapter

Your work does not need to be perfect to begin a conversation. Offer a small piece to someone who cares. Listen carefully to what they notice.

Turn another page

There is more to discover. Keep the notebook, take the walk, ask the question. The next page starts with you.